**Ninilchik Senior Center** 

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



#### Coming Up:

~Center Closed for Columbus Day 10/14 ~Medicare Q&A 10/25

~Halloween/Karaoke Party 10/31

#### Note From the President of the Board:

Welcome to FALL everybody. I hope you have been enjoying for colors this year. There are a lot of activities to participate in at the Center. We have some new members that have joined recently. If you see a new face at lunch or any time don't hesitate to say hi, and welcome them to the Senior Center. Our members make the Center what it is and new members make it even better.

"Easy Street Pulltabs" store continues to do well. It is providing us with a welcome source of income that is much needed. If you have a chance while you are in Kenai, stop by and play a little bit, say hi and get to know the dealers. They are doing a wonderful job. Who knows, you might be a winner!

It seems like everybody is starting to button things up for the winter. It is a busy time of year for us all. Get all your lawn and gardening equipment put away and the produce from the gardens harvested. There have been some successful moose hunts this year and that keeps one busy as well. It is well worth the effort come December or January when you can pull a nice moose roast out of the freezer for dinner.

We had a couple of wonderful volunteers come in and mount two big TV's for us. One in the dining room and one in the boardroom. The TV in the dining room is a new 70-inch one that was donated by Char Moore in honor of her mother, Gloria Black. It will primarily be used for Bingo. It gives a great visual of the game and what numbers have been called. The TV in the boardroom had been on a stand on a table and now is mounted on the end wall. Much more stable and more usable. Thanks so much to Roger Burkhart and Michael Hall for mounting the TV's for us.

Plans for the kitchen remodel continue now that we have the capital grant from the legislature. Julie is working hard on that as well as all the other responsibilities she has. Casey continues to do a wonderful job as our cook. She is receptive to trying new and different meals and is not afraid of feedback, in fact she welcomes it. Let her know personally what you thought of the meal. If she knows what you like or don't like the meals will only get better. Rick is back at work full time since he hurt his arm. Make sure you give him a thank you as well.

Halloween is right around the corner. I hope you are planning your costume and will be able to join us for a fun time on Halloween. It is always great to see the creativity that us old folks have. Remember, if you don't want trick or treaters then leave your porch lights off. Otherwise have a bowl of treats ready to go. All for now. See you next month.

~ Dick Hawkins, President





Hello October!! Hard to believe that the snow could start flying this month but you just never know here in Alaska! Before moving on to October, there are some honorable mentions that need to be made for September! You may have noticed the beautiful table decorations put up in September! Thank you to Char Moore for volunteering to make the decorations that now decorate our tables – we appreciate you and they look great! Char has volunteered to do the decorating ongoing – we look forward to that!!

In addition to the decorations Char is making and sharing with us, you'll be seeing some beautiful newly made fall themed table toppers in the near future as well - big thanks to Cheryl Doyle, Faye Woodhead, and Donna Schaetzle for volunteering their time and talent (and materials!) to make them for us! We will enjoy them for years to come!

And last but not least, you've probably noticed the huge new TV mounted on the wall in the dining room. This TV was donated to the center by Char Moore in honor of her mother, Gloria Black. This will be used in conjunction with the Bingo Machine, also donated by Char, so those that have difficulty seeing or hearing will be able to reference the numbers called on the TV during Bingo games. Thank you Char for making a big difference for so many people! We also appreciate Roger Burkhart, Waynette Coleman-Burkhart, and Michael Hall for mounting the TVs on the walls in the boardroom and dining room.

The gazebo season has come to an end. We closed up for the season around the first part of September. Thank you all of our wonderful volunteers who helped make it a successful gazebo season. We couldn't have done it without you! As part of closing down, everything comes back from the gazebo for winter storage. Please, at this time, hold any clothing donations you may have until next spring. We simply do not have the room to store everything! Thank you to everyone who has donated – we look forward to next year's gazebo season!!

Now, on to October! October is a busy month here at the center. Kellie Bartlemay from the Independent Living Center will be here at the center on Friday, October 25 to discuss open enrollment options for Medicare. If you're interested, please let the office know and we'll set you up with an appointment.

Halloween is also coming up in October. We will be having a costume and Halloween party after lunch on October 31 – complete with Karaoke! This will be the first time I remember having Karaoke here at the center. Thank you to Elkin Suezell for bringing his Karaoke machine and making this happen! Please join us for a good time! We are hoping we can get some little trick or treaters to join us at the end! Come in costume ready to sing and have some fun!

Speaking of costumes.....!!! We are going to start what we're calling "Whacky Wednesdays" here at the senior center starting in October. Each Wednesday we'll have a dress up theme. Everyone who dresses up on that day will get a ticket to be entered in a drawing for a free lunch at the end of the month! Let's show some "Senior Center Spirit" and have some fun!!

For October the themes are:

Wednesday, October 2: Hawaiian Day Wednesday, October 9: Pajama/Loungewear Day Wednesday, October 16: Bling, Bling Day Wednesday, October 23: Animals or Jungle Day Wednesday, October 30: Favorite Vest Day



# Medicare October 25, 2024

Kellie Bartlemay from the Independent Living Center will be here at the center on Friday, October 25 to discuss open enrollment options for Medicare.

If you're interested, please let the office know and we'll set you up with an appointment between 9 am and 3 pm.



## Join us for our Halloween Party

## Starting at noon October 31st with a Ghoulish menu of:

Haunted Chicken Island, Jack-o-Lanterns, Ghoul's Rice Graveyard, & Goblin Fingers

Dress up for the Costume Contest! We will also be having Karaoke by Elkin Suezell

1:00 pm to 4:00 pm

Trick or Treaters are welcome!

## Thank you

## Char Moore in Honor of Gloria Black

For Donating the New TV and Bingo Machine

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## Join us for Bingo and check it out! Every Wednesday at 1:15 pm



## **COMPUTER USE CLASS**

- Organizing files & drives
- Internet privacy
- Using gmail & google
- Using Zoom
- Connecting to the internet & the cloud
- And much more!



Class is personalized to learner needs! Beginners welcome!



UA is an affirmative action/equal opportunity employer, educational institution and provider and prohibits illegal discrimination against any individual: www.alaska.edu/nondiscrimination. This is a federally funded program under the AAE Program funded by a grant from the Alaska D.O.L.

## Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

<u>Cost</u>: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

<u>Progressive Split the Pot Raffle Rules:</u>

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

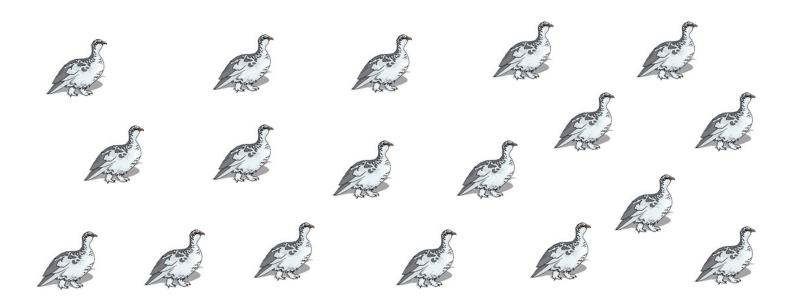
<u> 16 cards</u>

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5

Congratulations to all the prior weeks winners







#### Halloween

Find and circle all of the words that are hidden in the grid. The remaining letters spell an activity played on Halloween.

s	V	А	М	Ρ		R	Е	Ζ	0	М	В	Ι	Е	В
L	Ν	R	Е	Т	Ν	А	L	0	Κ	С	А	J	Υ	0
U	В	С	В	Ν	G	R	А	V	Е	Υ	А	R	D	Е
0	G	А	Κ	С	0	F	F	Ι	Ν	D	А	W	Ν	Μ
Н	0	Ν	С	Т	Ι	Т	Ν	Κ	R	С	F	Е	А	U
G	В	D	Ι	Ν	0	Ι	Е	А	S	U	G	R	С	Т
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APPLES BATS BLACK CAT BROOMSTICK CANDLE CANDY CEMETERY COFFIN COSTUME DRACULA FRIGHTENING FULL MOON GHOSTS GHOULS GOBLINS GRAVEYARD JACK O LANTERN MASK MUMMY NIGHT PUMPKIN SCARECROW SCARY SCREAM SKELETON SKULL SPIDERS TOMBSTONE VAMPIRE WEREWOLF WITCHES ZOMBIE



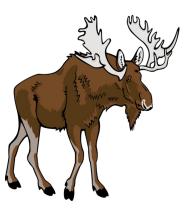






1985 Teddy's Toys & Co., All Rights Reserved. All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

- 1. Who was "he thrill'em, chill'em, spill'em, but no kill'em, Gillam" written about?
- 2. What is the smallest group of Alaska Natives? (Eskimo, Aleut, Athabascan)
- 3. True / False Arctic mammals have developed shorter extremities to protect them from the elements.
- 4. What is the name of a well-known bar in southeast Alaska with a floor of sawdust and wall hangings of bear traps and snow shoes?
- 5. What native Alaskans used the term "the great land" to describe Alaska?
- 6. What is an "umiak"?
- 7. On what three islands are Brown bear found in southeast Alaska?
- 8. What basin is the population and commercial heart of Alaska?
- 9. What resource drew the Russians and Aleuts to the Bring Sea Islands?
- 10. In what year did the first steamship, the "Idaho" sail to Glacier Bay? (1883, 1898, 1906)
- 11. What disease introduced to Alaska Reduced the Native population by an estimated 58% in approximately 60 years?



10.1883 11. Tuberculosis

- 9. Northern Fur Seals
  - lands) 8. Cook inlet Basin
- -si OBA 9dT) fogsafoidO
- 7. Admiralty, Baranof and

boat made by Eskimos

- 6. A traditional skin covered
  - 5. Aleuts
  - 4. The Red Dog Saloon in
    - 3. True
  - Harold Gillam, one of Alaska's first bush pilots
    Aleuts



**OCTOBER DUGOUT NEWS** 

**WOW!** September was a great month for our center. It started 5 weeks ago when I went into the office and told Julie I have an idea. She politely looked up and said "OK, what's your idea?" And BOOM **Stir the Pot** project was launched. Thanks to all you that cleaned out your sofas, cars, trucks, piggy banks, whisky bottles, pockets etc. we had 76 lbs. of change!! With the change and Cabbage, we raised over \$300.00 for our Kitchen Fund!!

#### THANK YOU EVERYONE!!



Next big adventure for our center was our new Bingo Board and big screen TV!! We tried it out and the overall consensus is **YEAH FOR US**! Thank you Char and Byron in honor of your mom Gloria Black for buying these items for us! Thank you to Waynette and her family for mounting the dining room TV (bingo TV) and the one on the wall in the Knitting room. My last week of calling bingo and playing with the new board is the first week in October. So please be gentle with Vi over the winter. As Arnold said "I'll Be Back!"

Have a safe winter and as always "Swing for The Fence"!

Cheryl





#### Free Printable Crossword Puzzle #1

This is the Daily Crossword Puzzle #1 for Sep 30, 2024

#### Find the solution at

https://onlinecrosswords.net/6069



#### 27. Friends and relatives in a

- CPR class?
- 33. Support beam

Across

1. Ness foe

15. Tricked 16. Bad spell

ritual?

11. New Deal prog. 14. Had home cooking

19. Tarzan raiser

20. Kal Kan rival

22. Chose (to) 24. Vegetable sponge

26. Ran off

- 36. Nashville's st.
- 37. A son of Isaac
- 38. Brunswick competitor
- 39. Marathoner's need
- 42. Math subi.
- 43. Celebrated clinic
- 45. Cal. entry
- 46. Elegance
- 48. Fireplace in need of repair?
- 51. WWW addresses
- 52. Put the pressure on
- 56. Politico Stevenson
- 58. Kid's summer destination
- 61. Whomp
- 62. Uganda's Amin
- 63. Very small fight arena? 66. U.S. terr. that's now two states
- 67. How some tuna is canned
- 68. Davis of "King"
- 69. Sailor's "yes"
- 70. Fundamental position
- 71. Fizzle (out)

#### Down

- 1. Maritime
- 2. Writer Calvino
- 3. Pace
- 4. Stoolies' offers
- 5. Pasta suffix
- 6. Mer sights
- 7. Coming-out parties?
- 8. Jewish month
- 9. Boiling
- 10. Suspended for now
- 11. Ray Charles classic
- 12. " Le Moko": 1937 French film
- 13. Chopped down
- 18. Essen's valley

28. Bacteria genus, briefly 29. Arizona college town

25. River islands

30. Hill who accused Thomas

23. Silky-coated dog,

26. Helsinki resident

- 31. Hard to believe
- 33. Vertical side, as of an
- arch

briefly

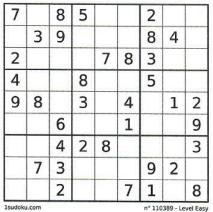
- 34. Epps of "Scream 2"
- 35. Accommodating words
- 40. Summer goals
- 41. About
- 44. Stew pod

- 47. Song with the line "I say love, it is a flower, and you, it's only seed"
- 49. Extract
- 50. Proof of pmt.
- 53. Fowl pole
- 54. Term of affection
- 55. Upper regions of space
- 56. Verdi heroine
- 57. "Saving Private Ryan" event
- 58. "Let's go!"
- 59. Nichols hero
- 60. Shake powder
- 64. Small bill
- 65. Jazz style

- 32. Gigantic

1 sudoku.com

#### Printing sudoku grids https://1sudoku.com/print-sudoku



n° 110389 - Level Easy

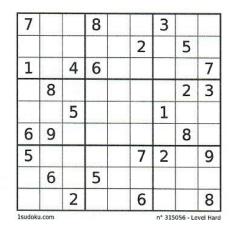
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7			6		4		2	
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Play these sudoku puzzles on your mobile and find their solutions by flashing the codes below:



Page 1/1 - Check the solutions, print more sudoku puzzles for free and play online at: https://1sudoku.com/print-sudoku

## Join NSC's Legacy Club!

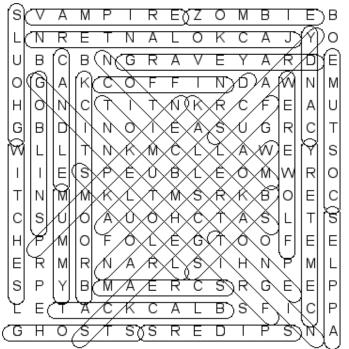
Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.
- Owl: \$10,000. to \$24,999.
- Eagle: \$25,000 +

Thank you to all who donate to the Ninilchik Senior Center!



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#### Solutions :

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3	5	7	9	8	2	1	6	4
6	2	9	1	4	3	8	5	7
2	9	3	6	1	8	7	4	5
7	6	1	2	5	4	3	9	8
5	4	8	3	9	7	2	1	6

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9	8	3	5	1	6	7	2	4
6	2	5	8	7	4	9	1	3
3	5	6	4	2	8	1	9	7
2	9	7	6	5	1	3	4	8
8	1	4	7	9	3	2	6	5
4	6	2	9	8	7	5	3	1
1	7	9	3	4	5	6	8	2
5	3	8	1	6	2	4	7	9

4	1	5	9	6	2	8	7	3
9	8	3	7	5	4	6	1	2
6	7	2	8	1	3	5	9	4
7	3	6	2	4	9	1	8	5
5	2	4	1	8	6	7	3	9
8	9	1	5	3	7	4	2	6
3	5	9	6	7	8	2	4	1
1	4	7	3	2	5	9	6	8
2	6	8	4	9	1	3	5	7

8	7	5	6	3	2	9	4	1
4	1	2	9	5	8	6	7	3
3	9	6	7	4	1	8	5	2
1	2	4	5	8	7	3	9	6
9	5	8	2	6	3	4	1	7
6	3	7	1	9	4	2	8	5
7	8	3	4	2	5	1	6	9
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2	6	1	8	7	9	5	3	4
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3	5	6	7	1	9	2	8	4
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5	9	2	1	4	7	8	6	3
7	3	1	5	6	8	4	9	2
8	1	3	4	9	5	6	2	7
4	7	9	6	8	2	3	5	1
2	6	5	3	7	1	9	4	8

9	4	3	6	1	5	7	2	8
5	1	8	7	2	9	3	4	6
6	2	7	3	4	8	9	1	5
4	8	2	5	3	1	6	9	7
7	5	1	4	9	6	2	8	3
3	9	6	8	7	2	1	5	4
2	6	4	9	5	7	8	3	1
8	3	9	1	6	4	5	7	2
1	7	5	2	8	3	4	6	9

#### **Puzzle Answers**

Susie Chiri 10/2 Daniel Yeckley 10/2 Midge Evans 10/3 Jerri Williams 10/7 Julie Boll 10/11 Cathy Perry 10/12 Victor Bergeron 10/12 Marie Penrod 10/17 Viola Nordgren 10/19 Dean Egbert 10/25

Richard Griggs 10/26 Janice Pearson 10/26 Janie Nelson 10/27 Diane Wilson 10/31

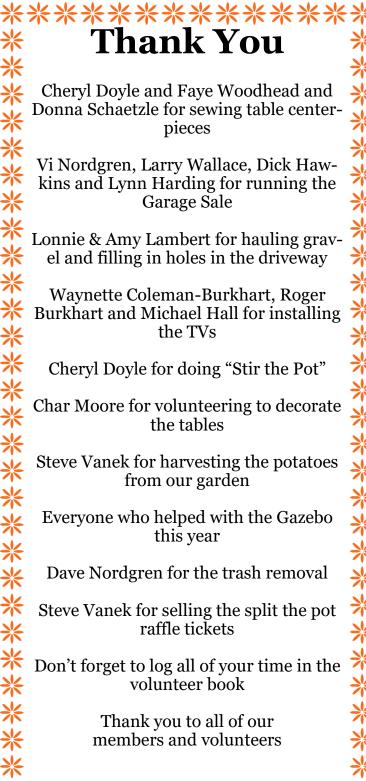


## \$5 A Month Club

Thank you to the following who contributed to the club:

> David & Judy Clemenson Bruce Randall Delmer McCune Debbie MacLean Nora & Howard Appel Cathy Perry Char & Byron Moore Josie Savoy John & Janice Nofziger Ron Jorgensen Jim Beall

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.



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## **About The Ninilchik Senior Center**

#### **Our Mission**

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## **Board of Directors**

President: Dick Hawkins V. President: Steve Vanek Secretary: Kaye Waldsmith Treasurer: Vi Nordgren Trustee: Cheryl Doyle Trustee: Lynn Harding Trustee: John McCombs

## Endowment Trustees

Chair: Kaye Waldsmith Vice Chair: Steve Vanek Treasurer: John Nofziger Trustee: David Clemenson Secretary : Vi Nordgren

### Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Kitchen Assistant: Niki Keenan Cook: Casey Campbell Cook/Maintenance: Rick Ferguson Trans. Driver: Mark Brees NSC Homemaker: Niki Keenan

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$8 or members, \$12 for non-members Lunch includes: soup, salad, entrée and dessert

## **Events and Activities**

## Weekly

**Mondays:** Quilting/Sewing 1-4 pm

**Tuesdays:** 

**Wednesdays:** Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

**Fridays:** Knitting 1:30 –4:00 Billiards 1-4 pm





So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/</u> <u>topic/community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors







Alaska Food Coalition American Legion Auxiliary #18 Dolifka & Associates, PC Enstar Fred Meyer/Kroger HEA Hilcorp Kenai Peninsula Borough Kenai Peninsula Family Caregivers Support Program Meals on Wheels America Ninilchik Family Dentistry Ninilchik Native Association, Inc. **Private Donations** Sons of the American Legion 18 South Peninsula Hospital State of Alaska/NTS Grant The Alaska Community Foundation



October 2024 Menu



Please note:	Please note: menu is subject to change based on product availability. 907-567-3988	iange based on proc	fuct availability. 907	-567-3988 Please cal	Please call in advance for take-out meals.	out meals.
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays		I	Bingo @ 1:15 2	. 3	4	Information 5
Susie Chiri 10/2 Daniel Yeckley 10/2 Midge Evans 10/3	00	<u>Florentine</u> Spaghetti Bake Bread	<u>Crispy Pork Cutlet</u> Cranberry Sauce Veggie	<u>Tacos</u> Refried Beans Rice	Tuscan Chicken Casserole Bread	Soup served daily with pick up meals
	No with	Veggie	Yams Bread		Veggie	
6	7	8	Bingo @ 1:15 9	10	II	12
Jerri Williams 10/7 Julie Boll 10/11	Asian Chicken Thighs	Pulled Pork/Bun Baked Beans	Garlic Tomato Chicken Bake	French Dip/Au jus Potato	Baked Ham Scalloped Potatoes	Suggested Donation \$8.00 Members \$12.00 Guests
Cathy Perry 10/12 Victor Bergeron 10/12	Stir Fry Veggies Rice	Coleslaw	Peas & Carrots Stuffina	Broccoli	Green Beans Rolls	To-Go Soup \$1.00 per cup
5	Eggrolls		0			
13	14	15	Bingo @ 1:15 8	Board Meeting 17	18	19
Marie Penrod 10/17 Viola Nordgren 10/19	Center Closed For	<u>Bourbon</u> Kielbasa	Roast Beef Carrots	Pork in Red Sauce Beans	<u>Frittata</u> Sausages	100
	Columbus Day	Rice Suppet Dotato	Potatoes	Fried Rice	Potato Eruit	
		Fries	Rolls	0652050	Blueberry Bread Pudding	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
20	21	22	Bingo @ 1:15 23	24	25	26
Dean Egbert 10/25 Richard Griggs 10/26 Janice Pearson 10/26	Salisbury Steak Mashed Potatoes Mixed Veggies	Country Pork Ribs Beans	Chicken Alfredo Carrots Bread	<u>Cranberry Pork</u> Loin Yams	Mongolian Beef Broccoli Rice	Lunch starts right at noon
	Gravy Rolls	Coleslaw Cornbread		Stuffing		
27	28	29	Bingo @ 1:15 30	31		
Janie Nelson 10/27 Diane Wilson 10/31	Chicken Enchiladas Refried Beans	Ham & Cheese Sandwich	Swiss Mushroom Bacon Meatloaf	Haunted Chicken Island		
	Stir Fry	Fries	Mashed Potatoes	Jack-o-Lanterns		
	עונפ	Cantaloupe	Cubbage Rolls	Goblin Fingers	- EUNOPENA	

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."