

Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



Coming Up:

~Board Meeting 12/19 ~Christmas Party Monday 12/23 ~Closed for Winter Break 12/24—1/1 ~Welcome Back 1/2/2025

A Note From the President of the Board:

Happy Holidays everyone. I hope this December finds you warm and cozy by a fireplace, watching the snow flutter down making a new white blanket on the ground. Or maybe on a nice warm beach somewhere just wishing you where back in the snowy cold. Whatever your particular case I hope you have a wonderful December.

The Senior Center will be celebrating with a Christmas Party on Dec. 23 right after lunch. That is also the last day they will be open until January 2. The Christmas party is always a lot of fun. Bring a gift if you want to participate in the gift exchange. You should keep it to \$20 or less and it should be identified for a man, a woman or either. I know that Casey will have a fabulous meal planned for us that day.

I want to take a moment here at the end of the year to thank all of our staff at the Center. Without them we would not be the friendly, warm and inviting place that we are. I truly hope you will take the time to thank all the staff when you see them over the next few weeks. They are very special. So, thank you to the great staff of the Ninilchik Senior Center.

I am looking forward to a wonderful and exciting new year. I'm anticipating some great things for the center in 2025. The kitchen remodel, not the least of them.

I want to wish all of you a very Merry Christmas and a Happy New Year.

~ Dick Hawkins, President

A Note from the Executive Director:

Welcome December!! Winter is in full swing. Snow hasn't been too bad yet this year but there's lots more winter to go!

December is a busy month for everyone. The holidays are here; time for families and friends to get together and celebrate. Speaking of celebrations, hope you can make it to the Senior Center party on December 23, right after a delicious lunch! It's always a good time and a great way to end the year.

That will be the last day we're open for the year. We will reopen on January 2, 2025.

I hope each one of you has a great holiday season. Take some time for yourself when you can. Enjoy those holiday gatherings. It's a wonderful time of year!

Merry Christmas and Happy New Year Everyone!

~ Julie Otto

Ninilchik Senior Center's Christmas Party

Join us for lunch and then right after lunch join us for a fun-filled afternoon.

If you would like a gift, please bring a gift. Please keep the price to around \$20. This might be the only gift someone gets, so please keep it thoughtful!

Gifts should be marked:

A Woman

A Man

Either



Medicare Open Enrollment

Medicare's open enrollment period for 2025 is October 15, 2024 through December 7, 2024. Changes made during this time will take effect on January 1, 2025





DUGOUT NEWS

We are in the midst of the Holidays and the closing out of 2024. I know everyone is rushing around so I thought this month we could all use some helpful tips or words of wisdom to enlighten and carry us into 2025.

Tips:

Got a stuck zipper? Rub it with the tip of a graphite pencil and it will work with ease again.

Clean the dryer vent after every load. Clean the vent screen monthly with a gentle soap and water bath. Rinse well and dry thoroughly before inserting back into your dryer.

For drains slowed by grease, sprinkle a half-cup of both salt and baking soda down the drain, follow it with an entire kettle or pot of boiling water.

Clean and disinfect a wood cutting board with salt and lemon juice. Sprinkle the board with a healthy dose of plain salt (kosher or coarse works best), and scrub it with a cut half of a lemon. Let it set for 10 minutes, rinse, then clean with a mild soap and rinse well with water.

Before you use your grater to grate cheese, give it a quick shot of not stick spray. This will keep the cheese from gunking up in the grate.

When sending cards, attach a return address label to the back so they don't have to search for the address from tearing the envelope open.

Use clothespins to reseal bread bags instead of twist ties.

Singing in the shower daily can help boost your immunity, lower blood pressure, reduce stress and help improve your mood.

Guess what I am:

I help people express themselves I was founded in 1910, I love holidays. On Mother's Day I help make a lot of moms smile. I have my own TV Channel. I am based in Kansas City, Mo. I think greetings are important. See below for the answer.

"Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you." Princess Diana

To each and every one of you I wish you a joyful holiday season and Merry Christmas! Till next month as always swing for the fence! ~Cheryl (Hallmark Cards)

Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

<u>Cost</u>: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

<u>Progressive Split the Pot Raffle Rules:</u>

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

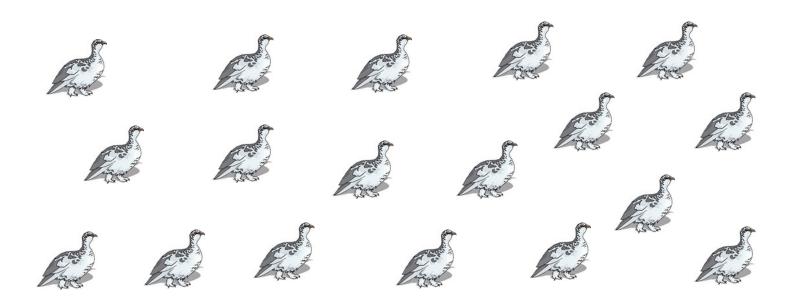
<u> 16 cards</u>

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5

Congratulations to all the prior weeks winners







Christmas Tree





Find and circle all of the Christmas Tree words that are hidden in the grid. The remaining 53 letters spell a secret message.



ANGEL ARTIFICIAL BRANCHES CANDY CANES CELEBRATION DECEMBER DECORATE DECORATE DECORATIONS FESTIVE FRESH CUT GARLAND GIFTS GREEN LARGE LIGHTS NEEDLES ORNAMENTS PINE PRESENTS PURCHASE

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REAL SCENT SETTING UP SKIRT SMALL SPRUCE STAND STAR TAKING DOWN TINSEL TOPPER TRADITION TREE FARM TREE LOT TRUNK WATER YEARLY

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- Approximately how many miles long is the "Panhandle" of Alaska? (600, 800, 1000)
- 2. Is most of the timber in southeast softwood or hardwood?
- 3. What bids have been known to number in the millions in Alaska waters?
- 4. What well known mountain can be seen from Sitka?
- 5. How many states were in the union in 1867 when Alaska was purchased from Russia?
- 6. What year did the Alaska Juneau mine shut down? (1916, 1924, 1944)
- 7. What was known as the "Moose Gooser"?
- 8. What is the name of the large delta in southwestern Alaska?
- 9. Name the weekly newspaper noted for its prominence in reporting native issues.
- 10. Where is the largest known molybdenum deposit in Alaska?
- 11. What is the name of the largest goose to frequent Alaska?
- 12. The phrase "the Kenai" refers to what area?



10.Near Kitchikan in southeast Alaska 11. Canadian Goose (up to 16 ponds) 12. The Kinai Peninsula

- 9. Tundra Times
- 8. Yukon-Kuskokwim Delta
 - 7. Alaska Railroad
 - 4401 .0
 - 5. Thirty-six
 - 4. Mt. Edgecumbe
 - 3. Sea Gulls
 - 2. Softwood
 - **1**. 600

Across

- 1. Partners of zigs
- **5**. Some eastern Europeans
- **10**. CODs, e.g.
- 14. Earthen pot
- **15**. Marisa of "My Cousin Vinny"
- **16**. "The Haj" author Leon
- 17. Oil of ____
- **18**. Without _____ in the world
- 19. Bundle of hay
- **20**. Insomniac's repast
- **23**. Roo's donkey friend
- **24**. One in a contest
- **27**. Cavity filler's title: Abbr.
- 28. Armory supply
- **31**. Hindu incarnation
- **32**. Catch some Zs
- **34**. Sported
- **35**. "Don't be so hard on the guy!"
- 40. Lotion additive
- **41**. Slinks
- **42**. Do business with
- 45. Scots Gaelic
- 46. Doctors' org.
- 49. "I"-minded?
- **51**. Like dusk
- **53**. Hit the ceiling
- 56. Trendy cuisine
- **58**. "Christ Stopped at ___"
- **59**. Cross inscription
- **60**. Spongy ball material
- **61**. Gamete producer
- **62**. Shortly
- 63. Wall St. letters
- **64**. "____ Mio"
- **65**. Intimate stopovers



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Down

- **1**. Closed (in on), as for a photo
- **2**. Like friendly nations
 - **3**. Knight with Pips
- **4**. Refuse to give permission
- **5**. Child actor's chauffeur
- 6. Lomond or Ness
- 7. Amo, amas, ____
- 8. Poem part
- 9. "Burnt" color
- **10**. Journeys from bar to bar
- 11. Island west of Java, notwithstanding a 1969 film title
- 12. Actor Bellows
- 13. Opposite of NNW

- **21**. Tehran resident
- **22**. Off-road transport, for short
- **25**. Pusher chaser

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- **26**. Taxing trip
 - 29. Rolling stone's lack
- **30**. Damaged layer
- **32**. Product expiration date factor
 - **33**. The "E" in EMT: Abbr.
- **35**. Mama of pop
- **36**. Peter Fonda role
- **37**. Turnpike gates
 - 38. Manhattan area
- **39**. Distorts

- **43**. South-of-the-border uncle
- **44**. Lake Ontario port
- **46**. Support group for families of drinkers
- **47**. Millionth of a meter
- **48**. Diet maven
- **50**. Vagrants
- **52**. Formal response to "Who's there?"
- **54**. It's forbidden
- 55. Israeli flier
- **56**. Former "Grand Ole Opry Live" network
- **57**. Attention getter

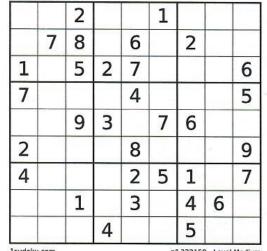
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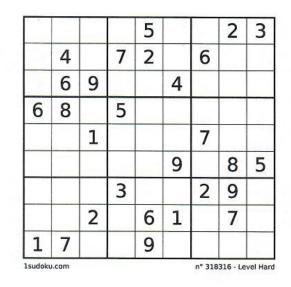
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Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!

Puzzle Solution © OnlineCrosswords.net

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Puzzle Answers



Byron Moore 12/1 Elizabeth Gage 12/3Terry Nelson 12/3 Conrad Matsuoka 12/6 Donald Josten 12/8 Russ Cross 12/10 Michael Schuster 12/11 Jerry Reinhart 12/14

Darla Evans-Egbert 12/14Vicki Willard 12/15 Dar Van Offeren 12/18 Shauna Christensen 12/9Gene Giovanini 12/19 Pam Jacobs 12/19

Beverly DenBleyker

12/20

Jeremiah Fender 12/21 Steph Johnson 12/22 Ruthe Bauman 12/24Steve Vanek 12/25 Helena Torretta 12/25 Paula Williams 12/29 June Josten 12/31



\$5 A Month Club

Thank you to the following who contributed to the club:

> David & Judy Clemenson Bruce Randall **Delmer McCune** Debbie MacLean Nora & Howard Appel Cathy Perry Char & Byron Moore Josie Savoy John & Janice Nofziger Ron Jorgensen Jim Beall

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.

**	Joe Burkett for the Turkey Donation
**	Myrtle Mae Erickson for donating the Christmas Decorations
**	Jim Beall for donating the Christmas Decorations
**	Char Moore for volunteering to decorate
***	Everyone who helped with the Gazebo this year
*** **	Steve Vanek for selling the split the pot raffle tickets
** *	Don't forget to log all of your time in the volunteer book
***	Thank you to all of our members and volunteers
***	Thank you to all the donors
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About The Ninilchik Senior Center

Our Mission

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

Board of Directors

President: Dick Hawkins V. President: Steve Vanek Secretary: Kaye Waldsmith Treasurer: Vi Nordgren Trustee: Cheryl Doyle Trustee: Lynn Harding Trustee: John McCombs

Endowment Trustees

Chair: Kaye Waldsmith Vice Chair: Steve Vanek Treasurer: John Nofziger Trustee: David Clemenson Secretary : Vi Nordgren

Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Kitchen Assistant: Niki Keenan Cook: Casey Campbell Cook/Maintenance: Rick Ferguson Trans. Driver: Mark Brees NSC Homemaker: Niki Keenan

Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$8 or members, \$12 for non-members Lunch includes: soup, salad, entrée and dessert

MEALS OWHEELS AMERICA

Events and Activities

Weekly

Mondays: Quilting/Sewing 1-4 pm

Tuesdays:

Wednesdays: Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

Fridays: Knitting 1:30 –4:00 Billiards 1-4 pm





So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/</u> <u>topic/community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors







Alaska Food Coalition American Legion Auxiliary #18 Dolifka & Associates, PC Enstar Fred Meyer/Kroger HEA Hilcorp Kenai Peninsula Borough Kenai Peninsula Family Caregivers Support Program Meals on Wheels America Ninilchik Family Dentistry Ninilchik Native Association, Inc. **Private Donations** Sons of the American Legion 18 South Peninsula Hospital State of Alaska/NTS Grant The Alaska Community Foundation



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon. Please note: menu is subject to change based on product availability. 907-567-3988 Please call in advance for take-out meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 1	2	3	Bingo @ 1:15 4	5	9	Information 7
Byron Moore 12/1 Elizabeth Gage 12/3	BBQ Chicken Baked Beans	Pork Medallions Vams	French Toast Bake Sausage	Cashew Chicken Salad w/Croissant	Roast Beef Mashed Potatoes	Soup served daily
Terry Nelson 12/3	Coleslaw	Green Beans	Eggs	Broccoli	Gravv	with pick up meals
Conrad Matsuoka 12/6	Macaroni Salad	Stuffing	Hashbrowns Err iit	Macaroni Salad	Carrots	
8	9	10	Bingo @ 1:15 11	12		14
Donald Josten 12/8 Russ Cross 12/10	Beef Stroganoff Noodles	Country Pork Ribs	Chicken Alfredo Carrots	<u>Cranberry Pork</u> Loin	Mongolian Beef Rice	Suggested Donation \$8.00 Members
Michael Schuster 12/11	Vegetable	Beans	Bread	Stuffing	Broccoli	To-Go Soup \$1.00
Jerry Reinhart 12/14		Coleslaw		Vegetable		per cup
Dalla Evalis-Egueli 12/14		Cornbread				2
Vicki Willard 12/15 15	16	17	Bingo @ 1:15 18	Board Meeting 19	20	21
Dar Van Offeren 12/18	Chicken Enchiladas	Ham & Cheese	Swiss Mushroom	Hawaiian Chicken	Biscuits & Gravy	2 Conto
Shauna Christensen 12/19	Refried Beans	Sandwich	Bacon Meatloaf	Rice	Hashbrowns	
Gene Giovanini 12/19 Dam Jacobe 12/10	Stir Fry Veggies	Fries	Mashed Potatoes	Eggrolls	Sausage	
	RICE	Macaroni Salaa	Labbage	Veggies	Fruit	
Beverly Denbleyker 12/20 Jeremiah Fender 12/21			Rolls	2	Ĩ	
22	Christmas Party 23	24	25	26	27	28
Steph Johnson 12/22	Surprise	Closed	Closed	Closed	Closed	Lunch starts right
Ruthe Bauman 12/24	Holiday	For	**	For	For	at noon
Steve Vanek 12/25	Lunch	Winter		Winter	Winter	
		Break		Break	Break	
29	30	31	Jan I	2	3	
Paula Williams 12/29	Closed	Closed	Closed	Pork in Red Sauce	Frittata	
June Josten 12/31	For	For	For	Cabbage	Sausage	
	Winter	Winter	Winter	Fried Kice	lexas loast	
	Break	Break	Break	nedits		
"Consuming raw or und	"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."	seafood, shellfish, or	eggs may increase your	risk of foodborne illness.		