Ninilchik Senior Center

PO Box 39422. 66265 Aspen Ave. Ninilchik, AK. 99639 Phone: 567-3988



### Coming Up:

~Daylight Saving Time Begins 3/9 ~AARP Tax Preparation 3/10 ~St. Patrick's Day 3/17 ~Board Meeting 3/20 ~Spring Begins 3/20

X

### A Note From the President of the Board:



Is it spring yet? Hard to tell after not having much of a winter. Don't be fooled however. March could come in like a lamb but go out like a lion. Everyone should still be vigilant about driving and walking on the ice. There is still some of that around you know. Be careful driving, especially in the mornings after it freezes at night. The melting snow that has made the road wet can freeze and there you have it.

March brings the Iditarod. I hope you have bought a musher so you have a chance to win some of the pot, it helps the Senior Center and you never know you just might win a quarter of the pot. Here's how the pot is divided up, 1<sup>st</sup> place gets 25% of the pot, 2<sup>nd</sup> place, 15% and 3<sup>rd</sup> place 10%. There will also be a red lantern award. It's always a lot of fun.

Daylight Savings Time comes back in March. The second Sunday we will set out clock forward one hour. Go to bed early so you don't miss that extra hour. If you have a cell phone it will change the time automatically. Isn't technology great??

The kitchen project is progressing. Julie will be sending the RFP to several construction companies. The committee will be looking at the responses and is planning to select the best one. Once that is done, I think things will start to move a little bit faster. Keep your fingers crossed.

March usually brings with it the first of our returning snowbirds. As people start returning the dining room can start to get a little crowded and consequently a little noisy. Do your best to keep your conversations to your table and try not to let your discussions drift over to another table. They are usually trying to have their own conversation.

St. Patrick's Day comes along on March 17. Wear your green that day. I'm sure lunch will have something to do with corned beef and cabbage, wink! wink!. We just need to be extra nice to Casey to make sure she makes it!

Lastly, if you haven't heard yet, our Executive Director, Julie is having foot surgery on February 28 and will be out of the office for about a week. After that she will be using a knee scooter for several more weeks. Give her a chance to recover and when she does return, let's do our best to NOT overwhelm her with welcome back sentiments. I hope you know that I'm just kid-ding. When she does return we need to let her know how much she was missed.



God Bless you all.



## A Note from the Executive Director:

March is here! The month that spring begins, or at least that's what the calendar says! It's been a strange winter this year but nonetheless, spring is taking over - daylight is increasing. This month we gain more than two hours of daylight. Summer will soon follow and we'll once again be able to go outside without worrying about ice and snow.

March is a busy month here at the center. Time changes on March  $9^{th}$ , AARP will be here to do taxes for those 60 and over on March 10, traditional St. Patrick's day meal on March  $17^{th}$ , spring begins on March  $20^{th}$ , and last but not least, the last day to file your PFD's on March  $31^{st}$ . If you need more info or assistance with any of these events or activities, feel free to call the center or stop by the office.

This month I want to do a big shout out to our staff – they are the best!! Our kitchen crew, well what can I say; they are the best around, thank you Casey, Niki and Rick. It seems as if they like preparing meals as much as we like eating them! The meals they prepare are always delicious and nutritious. Our newest staff, Sharon, was hired in January as our driver. She hit the ground running and is doing a wonderful job. Delivering meals to those folks that are not able to join us physically is a big responsibility, especially in years with a lot of ice like this one, and she handles it with ease. It's nice to know that if you need it, safe transportation, provided by Sharon, with Niki as a back-up, is available through the center. Speaking of Niki, not only does she work in the kitchen and as a back-up driver, but she also provides our homemaker service! She's a busy gal – helping out wherever needed and always has a smile on her face! And then there's Tandy.....she's not only a great bookkeeper but always there to lend a hand when needed with whatever is needed. She's also my backup when I'm out of the office. It's a great feeling knowing she's there and has a handle on things. I can't say enough about what a great group of people we have working here! When you see them going about their workday, give them a smile, a wave, and a "thank you"; they deserve it!



~Julie Otto



**DUGOUT NEWS** 

## **March Dugout News**

As I'm writing my article for March my beloved Cubs are 4-0 in Spring Training which is the best record in all of baseball right now. So, I'm feeling a little nostalgic, reminiscing about the 2016 Cubs! So, this month I thought I would drop a little nostalgia on you.

### **DO YOU REMEMBER:**

Heaven to Mergatroyd	jalopy	Hunky Dory
Don't touch that dial	Carbon Copy	Hung out to dry
You sound like a broken recor	·d	Holy Moley
Straighten up and fly right		Nincompoop
Heavens to Betsy	Gee Whilikers	Knucklehead
Not for all the tea in China		Knickers
In like Flynn	poodle skirts	fedoras
Saddle shoes	pedal pushers	Life is swell
Pageboys	Beehives	Kilroy was here
Oh, my aching back	This is a fine kettle	of fish
Well, I'll be a monkey's uncle		Down the road toad
Sell you later, alligator	in a while crocodile	
Okdoki	The milkman did it	fiddlesticks
Carter has pills	Monkey business	

Till next month,

### **KEEP SWINGING FOR THE FENCES!!**

Cheryl



## **AARP Tax Preparation**

# March 10 At the Ninilchik Senior Center

## A few appointments are still available. If you would like to schedule an appointment please call the office at (907) 567-3988

# This is a free service for people over 60 Some limitations apply



### Valentine's Day was a lot of fun!





















# <u>March</u>

The Month of March symbolizes new beginnings, rebirth and rejuvenation. It's a time of year when nature reawakens and animals emerge from hibernation.



The Daffodil is the birth flower for March, it represents new beginnings, forgiveness, trust and love.



The symbolic tree for March is the Ash tree which is known for it's resilience and strong wood.



The Shamrock symbolizes insight and St. Patrick's Day.



The term "Madder than a March hare" refers to Rabbits and their energetic behavior during this time of year.

## Ninilchik Senior Center (NSC) Progressive Split the Pot Raffle

<u>Cost</u>: \$1 per ticket. Members may purchase as many tickets as desired each week. Tickets purchased are valid only for that week's drawing. Tickets must be purchased each week until 11am Friday if the member wishes to participate in that week's drawing.

Drawing Time: Every Friday at 12:00 pm

Location: Ninilchik Senior Center 66265 Aspen Ave Ninilchik, AK

<u>Progressive Split the Pot Raffle Rules:</u>

One winner every week.

Winner does not need to be present to win.

Open to NSC members only. Membership must be current.

The Current Raffle will last up to 16 weeks or until someone draws the Eagle. Future raffle duration may change without notice but will be announced at the beginning of each new raffle.

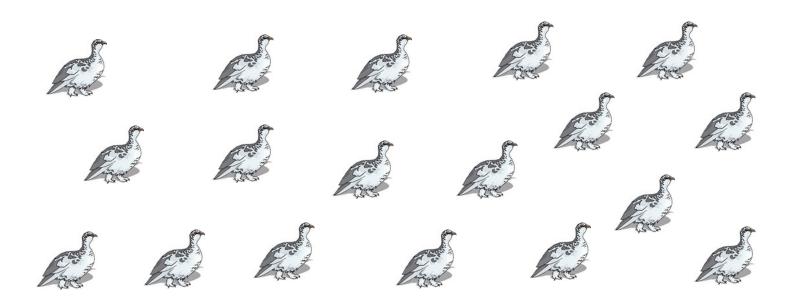
<u> 16 cards</u>

(1) Eagle: grand prize winner: 50% of the pot

(1) Owl: 10% of the pot

(14)Ptarmigan: \$5

Congratulations to all the prior weeks winners







### St. Patrick's Day





Find and circle all of the words that are hidden in the grid. The remaining 34 letters spell a secret message.

S	А	s	s	Е	Ν	Ν	I	U	G	Е	V	Е	Ν	Т	s	Ρ
Ι	Υ	А	D	Ι	L	0	Н	Ν	Т	Υ	Y	Ρ	А	Е	Ρ	0
С	Т	Н	Ι	S	Т	0	R	Υ	R	А	R	Ρ	Κ	G	0	Т
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G	Т	Н	Т	А	L	S	Н	R	А	F	S	С	F	Е	U	F
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BEER BELFAST BISHOP CABBAGE CELEBRATION CELTIC CROSS CHRISTIAN CLOVER CORK CORK DANCING DUBLIN EVENTS FEAST DAY FESTIVAL GREEN GUINNESS HERITAGE HISTORY HOLIDAY

HOLY DAY IRELAND IRISH LEPRECHAUN LIMERICK MARCH MISSIONARY MUSIC PARADE PATRON SAINT

POTATOES SEVENTEENTH SHAMROCK SNAKES SODA BREAD TRADITION YEARLY









1985 Teddy's Toys & Co., All Rights Reserved. All Questions and answers are from 1985 Teddy's Toys & Co., All Rights Reserved.

- 1. What mountain was used by the first ski club in Alaska?
- 2. Who was "Diamond Lil"?
- 3. The North American Sled Dog Race takes place during what annual event in Anchorage?
- 4. True/False The oldest usable eagle's nest dates back to 1907.
- 5. What happened to the Glacier Queen and the Nickerei Maru in 1967 in southeast Alaska?
- 6. Name the oldest educational institution in the state.
- 7. What is glacial ice geologically classified as?
- 8. What does "Cossack", derived from the Russian "Kazak" mean?
- 9. What is 'spring break-up'?
- 10.What is the main source of the economy in Sitka?
- 11.What is the body's reaction when it is exposed to cold and cannot maintain normal temperatures?

12.What are "Old Man, Five Mile, Cold Foot, Chandalar and Toolik"?



12. Pipeline construction и. Нуротлетта guidsi4.01

- страни ститер
- 9. Breakup of ice moving
  - known for the diamond in 8. Adventurer
    - 2. A Klondike dance hall girl 7. Rock
  - 6. Sheldon Jackson pəinlni saw əno

sdutes

Tountain near	M livnA .1

caused a 75 toot hole, no

5. A collision in the tog

3. Fur Rendezvous

her front tooth

4. True

*amon* 

#### Free Printable Crossword Puzzle #2

This is the Daily Crossword Puzzle #2 for Feb 21, 2025

Fir	Id	the	soluti	on	at
https://onlinecr	OS	swo	rds.net,	/62	60

Across	1	2	3	4	5	6	7	8	9		-	10	11	12	13
1. Meddler															
10. Lady's man	14										15				
14. Any sense, say	16	-				+				-	17		-		
<ol><li>Soup for junior</li></ol>									-						
<ol><li>Went too far with a role</li></ol>	18	1					19		-	20			21	+	
17. Kick out						and the second					1				
18. Attack	22				(Cast)	23				24		25		1	
<ol> <li>Camera technique</li> </ol>	26					1									
21. ETS test	26				27				28			29			
22. OT causers				80		-	-	31		-	32	-			
<ol><li>Co. based in Vienna</li></ol>											1				
<ol> <li>Fare at some film festivals</li> </ol>	33	34	35			-	36		37	+	+		+	-	
26. Camera type															alere.
<ol><li>Some recycled railroad cars</li></ol>	38							39		40		1			
29 the finish													. Server		
30. Golden, in Grenoble	41					42			43				44	45	46
<b>31</b> . Offer formally	47				48			49				50	-	-	
<ol> <li>Like some music</li> </ol>								4.5				24	1		2.4
37. Got comfy	51	+	-	-	52	+	53				54		+	+	
<ol><li>Ornamental shells</li></ol>										and the					
40. Sen. Shelby's state	55			56			57			58		1			
<ol> <li>It means "straight"</li> </ol>															
<ol><li>Within practical limits</li></ol>	59						60								
44. Monitor part	61		-	-			62				_	_			
47. Base			1				02								
49. Man in chains		1	1					- Contra		1	1		1	1	

- 47. Base
- 49. Man in ch
- 50. Operates

- 51. Year in the reign of Claudius
- 52. Literary signature
- 54. "A Man in Full" novelist
- 55. Drop a hint
- 57. Smoothed
- 59. Winner of seven Tonys
- 60. Carmichael tune
- 61. Spring observance
- 62. Type of swim meet

#### Down

- 1. Promotes
- 2. Introduce
- 3. Be unsteady
- 4. Shul scrolls
- 5. Perseverance motto starter
- 6. Sports div. since 1969
- 7. Squelches
- 8. Beamed with pride
- 9. : Tokvo :: New Amsterdam : New York
- 10. Casual sign-off
- 11. First
- 12. Have fun

- 13. Couldn't take
- 15. Laborer
- 20. Gave 12 to North and
- 14 to West
- 23. Mumbai server
- 25. Papal bulls, e.g.
- 27. Ninny
- 28. MTV toon
- 30. Anything triangular
- 32. "Survivor" locale
- 33. The 38th, for one
- 34. Inspirational 1950s
- song
- 35. Quit
- 45. Get ready to go on 46. Housefly cousin 48. Glinda, in "The Wiz" 50. Never-seen title character 53. Ill-gotten gains 54. ABC and UPN, to "Variety" 56. Giants' #4 58. "Steve Allen Show"

regular

36. Classical starter

39. Caterer's need

44. Virginia, once

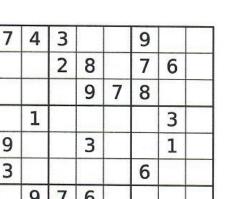
43. Something easy



I

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9

lsudoku.com

n° 2110 - Level Medium

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				5				3
6	4			8				
		3			9			
8					5	9	6	

1sudoku.com

n° 3527 - Level Hard

		2	7	6				
		1			8			
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1 4		8					7	
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	6 8					3		6 8 5
	8			1				5
			2			7		
				5	9	6		

nº 320524 - Level Hard

1sudoku.com

# Join NSC's Legacy Club!

Leave a Legacy and make a donation (monthly or not) of any amount to the NSC Endowment Fund or NSC Operations and once your donations reach \$500, your name will be added to our donor tree. Endowment Fund Donations provide long-term investment income for the Senior Center.



Donor Tree Wall Levels of Giving:

- Tree Leaf: \$500. to \$999.
- Ptarmigan: \$1,000. to \$4,999.
- Crane: \$5,000. to \$9,999.

Thank you to all who donate to the Ninilchik Senior Center!

S A S S F Ν Ν U G Έ Т H) Ν D Ο R Т (H R S Ο R D В E C А S Κ C (TH Ν ι D С Μ E Ē G Т A E D С

Puzzle Solution © OnlineCrosswords.net														
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6	5	1	4	7	8	2	3	9
7	9	2	6	3	5	4	1	8
4	3	8	9	2	1	6	7	5
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4	7	3	9	8	2	5	1	6
9	6	5	4	7	1	3	2	8
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7	1	6	2	5	8	3	9	4
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6	4	1	7	8	2	9	5	3
5	3	9	6	4	1	2	8	7
1	6	3	9	2	4	8	7	5
2	5	4	8	6	7	1	3	9
9	7	8	3	1	5	4	2	6

4	3	7	5	2	6	8	1	9
5	8	2	1	9	3	4	7	6
9	1	6	8	7	4	3	5	2
2	9	5	3	4	7	6	8	1
3	7	8	2	6	1	5	9	4
1	6	4	9	5	8	7	2	3
6	4	9	7	8	2	1	3	5
7	5	3	6	1	9	2	4	8
8	2	1	4	3	5	9	6	7

**Puzzle Answers** 



John Lindeman 3/3Bob Greer 3/7Lynn Harding 3/9 Kathy Bowen 3/9Becky Hamilton 3/10 Leon Marcinkowski 3/13

**Beverly Graf-Cross** 3/14Sharon Cook 3/15 Dayton Sibley 3/15 Connie Porter 3/18Jack Christensen 3/19 Fred Marshall 3/21 Ron Petty 3/22

Linda Pearson 3/23Deborah Ives 3/27Teresa Wilkie 3/30



### **\$5 A Month Club**

Thank you to the following who contributed to the club:

> David & Judy Clemenson Bruce Randall **Delmer McCune Debbie MacLean** Nora & Howard Appel Cathy Perry Char & Byron Moore John & Janice Nofziger Ron Jorgensen Jim Beall **Russ Cross & Bev Graf-Cross** Josie Savoy

We have a fund to provide items that are not in the budget. If you would like to join the club, just bring or send a donation of \$5 any time you can.



Char Moore for decorating the center

**Thank You** 

Steve Vanek for selling the split the pot raffle tickets

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Don't forget to log all of your time in the volunteer book

Thank you to all of our members and volunteers

Thank you to all the donors

# **About The Ninilchik Senior Center**

### **Our Mission**

We are dedicated to making life easier, more interesting, and providing assistance to others in need among our members, as well as the surrounding community, in ways which lift the spirit and give a feeling of love to each other. We are dedicated to assisting one another through cooperation, respect, and strength of spirit, so that everyone feels welcome and their contributions valued.

## **Board of Directors**

President: Dick Hawkins V. President: Steve Vanek Secretary: Kaye Waldsmith Treasurer: Vi Nordgren Trustee: Cheryl Doyle Trustee: Lynn Harding Trustee: John McCombs

## Endowment Trustees

Chair: Kaye Waldsmith Vice Chair: Steve Vanek Treasurer: John Nofziger Trustee: David Clemenson Secretary : Vi Nordgren

## Staff

Executive Director: Julie Otto Adm. Assist/Bookkeeper: Tandy Wallace Kitchen Assistant: Niki Keenan Cook: Casey Campbell Cook/Maintenance: Rick Ferguson Trans. Driver: Mark Brees

## Join us for lunch!

Lunch is served at 12:00 pm Mon-Fri. Suggested donation: \$8 or members, \$12 for non-members Lunch includes: soup, salad, entrée and dessert



## **Events and Activities**

# Weekly

**Mondays:** Quilting/Sewing 1-4 pm

**Tuesdays:** 

Wednesdays: Bingo (after lunch 1:15 pm)

Thursdays: Game Day 1-4 pm

**Fridays:** Knitting 1:30 –4:00 Billiards 1-4 pm







So far this year (2023), the center received **\$238.31** from Fred Meyer through their community rewards program. Thank you to those who participate and make this possible.

If you shop at Fred Meyer, please consider linking your Rewards Card to donate to the center. Fred Meyer will donate money to the center whenever you make purchases; this will not affect the personal rewards associated with your account. Sign up online at: <u>https://www.fredmeyer.com/</u> <u>topic/community-rewards-4</u>

The center's Organization Identification Number is GP013.

Thank you!!!

The Senior Center is partially funded by these Corporate Sponsors







Alaska Food Coalition American Legion Auxiliary #18 Dolifka & Associates, PC Enstar Fred Meyer/Kroger HEA Hilcorp Kenai Peninsula Borough Kenai Peninsula Family Caregivers Support Program Meals on Wheels America Ninilchik Family Dentistry Ninilchik Native Association, Inc. **Private Donations** Sons of the American Legion 18 South Peninsula Hospital State of Alaska/NTS Grant The Alaska Community Foundation



Meals will still be available as take-out (\$7 suggested donation, add \$2 for salad). Lunch Starts at Noon. DIA

9 2	3	1	In the other that the product of the strategy of the	Inursady	rnauy	Junuary
6		4	Bingo @ 1:15 5	6	7	Information 1/8
6	Beef Stroganoff Noodles	Monterey Chicken	Salmon Sweet Potato	Turkey Mashed Potatoes	<u>Lasagna</u> Garlic Bread	Soup served daily
6	Broccoli	Rice	Fries,	Gravy	Mixed Veggies	with pick up meals
9		Carrots	Coleslaw	Stuffing		
9			Ancient Grains	Green Beans		
	10	II	Bingo (a) 1:15 12	VIUIDEILY JUUE	14	15
	Sweet & Sour	Florentine	Crispy Chicken	Tacos	Tuscan Chicken	Suggested Donation
-	Meatballs	Spaghetti	Mashed Potatoes	Refried Beans	Pasta	\$12.00 Guests
Leon Marcinkowski 3/13	Rice	Bread	Gravy	Rice	Bread	To-Go Soup \$1.00
Beverly Graf-Cross 3/14	Eggrolls	Carrots	Broccoli		Cauliflower	per cup
Sharon Cook 3/15 Davton Siblev 3/15	Veggies		Rolls			
16	St. Patrick's Day 17	18	Bingo @ 1:15 19	<b>Board Meeting 20</b>	21	22
Connie Porter 3/18 Co	Corned Beef &	Pork Medallions	French Toast	<b>Cashew Chicken</b>	Roast Beef	
3/19	Cabbage	Yams	Bake	Salad	Carrots	
Fred Marshall 3/21	Potatoes	Stuffing	Sausage, Eggs	Croissant Rolls	Mashed Potatoes	
Ron Petty 3/22	Carrots	Green Beans	Hashbrowns	Broccoli	Gravy	
	Bread		Fruit	Potato Salad	Bread	
23	24	25	Bingo @ 1:15 26	27	28	29
Linda Pearson 3/23	Asian Chicken	Pulled Pork	<b>Garlic Tomato</b>	French Dip	Baked Ham	Lunch starts right
Deborah Ives 3/27 Sti	Stir Fry Veggies	Buns	Chicken Bake	Broccoli	Scalloped Potatoes	at noon
	Rice	Kidney Beans	Peas & Carrots	Potatoes	Green Beans	
		Coleslaw	Stuffing		Rolls	
30	31					
Teresa Wilkie 3/30	Little Cheddar Meatloaf Carrots					
Ma	Mashed Potatoes					
	Gravy Bread					

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."